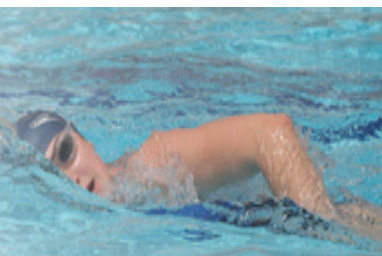




speedo
SWIM SQUADS



June 2010 Newsletter

mers moving up through the groups.

We participated in several swim meets this year. The Supersports series gave our early development swimmers an opportunity to compete and win medals and prizes. The Hamilton League ensured that the better swimmers could have regular competition.

Pinja Vilaharju won 1st Overall Female and 18 & Under for 800m, 3rd Overall Female and 2nd 18 & Under Female in 1.6km Open Water Swim Series. Frank Rice took 2nd place in the Male Overall 1.6km Open Water Swim Series for his age. Mikaela Dunn 1st in her age group and Isobel Dunn took 2nd place for her age group in the Biathlon Series. We had a number of our junior, senior and adult swimmers take part in the Burj Swim sponsored by Speedo.

Our own Club Championship ensured that swimmers were motivated through the winter season and the later Speedo Summer League meant that all SSS swimmers could meet in competition representing their venue. The overall winners; DIA are hosting the end of year Pool Party, to which all competing swimmers are invited.

We travelled to Oman to compete in the fifty metre pool and came back with several medals and a great experience.

Our Easter Camp was a great success with swimmers improving skills and times in the intensive training weeks. Sign up now for the Swim the Summer Programme, which will feature weekly a race day/assessment day and achievement prizes.



Saturday 3rd July End of Year Pool Party @ DIA

Calling all Early Trainers, Development and Select Squad swimmers.

Come join us at DIA on 3rd July at 11:15am - 1:15pm for an end of year Pool Party.

Bring some nibbles and your pool party outfits and enjoy a fun time relaxing after a hard year.

There will be music, food and fun in the pool.

RSVP your lead teacher.

The Year So Far.....

As usual in Dubai it has been a very busy year. New venues, new staff, lots of new swimmers, galas, championships, travel, camps & courses.....have a look below.

Two new venues opened; Dubai English Speaking College in Academic City and The Canadian International School in Abu Dhabi.

New Teaching Staff -Ray Gilbert, Kerrysian Nicholls, Helen Beckley and Fiona Brockhurst in Abu Dhabi and Kerstie Cooper, Rhetta De Beere, Nicky Mills and Caroline Potel in Dubai. New to our office, but not to Speedo Swim Squads is Bekky Britton, who has joined us as office manager.

We have welcomed new swimmers at all our venues and were delighted to see our existing swim-

We finished the ASA Level 2 Teacher of Aquatics course. New candidates are already applying for the ASA Level 1 in July and the next Level 2 in August.

We have increased our number of timekeepers with parents doing on the job training at our Summer League. Several of our staff joined a workshop run by ASA officials last December, to update on Starter, Referee, Stroke Judge and Chief Timekeeper skills. These are now being passed on to interested parents and we look forward to continuing this next year.

We have actively supported DESC and DESS school swim squads and ciriculum swim lessons.

Supersports Development Swim Series – organised by Supersports. RSH sponsored the junior age group overall prizes and Speedo Swim Squads ran the first gala and supported the series organisers throughout.

Many of our developing squad swimmers competed in some or all of the six events, gained valuable experience, and came away with medals and overall prizes. All results can be found on the Supersport website.

Swimmers from all our venues participated (Horizon, DIA, EIS, DESC and CIS Abu Dhabi). We would like to thank parents for their support and help with time keeping when needed.

Our team spirit was evident on the poolside and all those who wore their club kit and suits looked very smart.

Abu Dhabi - This is SSS's first year in Abu Dhabi, firstly at Raha International and latterly at the Canadian International School, it is a credit to our new lead teacher Ray Gilbert and support staff Kerrysian Nicholls that all changes went smoothly.



Some of our winners from the Zoggs Dubai Junior Swim League 2009/2010

Well done to all swimmers who took part.

What the future holds for Speedo Swim Squads

More of the above we hope, plus SSS are involved with the World Shortcourse Championships in Dubai in December. We are running all the accreditation for swimmers, officials and team support so hope to see all our swimmers there watching the best in the world swim in Dubai.

SSS will welcome two new members when Caroline and Bekky have their expected babies in September and October. Then it is back to work for them both, with Caroline joining us full time to be

Ray took over from Helen as lead teacher in March this year and continued where Helen left off promoting enthusiasm and commitment from all the swimmers. The change over from RIS to CIS enabling SSS to maintain our continued high standard of facilities, and offered a new experience for some swimmers at the indoor pool.

We have also been actively teaching ciriculum swimming

Lead Teacher at Horizon and Club Coach. (Until she comes back in Lesley will again be running the Horizon venue and coaching.)

We will be running our own Swim League in conjunction with Hamilton Aquatics and look forward to a busy competitive year. St.Christopher's School Bahrain is coming over to swim against us in mid October and as usual we will be hosting the swimmers. We have planned leagues and in- at the British International School.

Many of our swimmers participated in the SSS summer sprint league in Dubai and latterly on home soil at CIS and some of our Development swimmers made the journey to Dubai for the Supersports series. We look forward to expanding all levels from Ducklings, Teaching groups through to Squad and Adult

vites to different championships so our swimmers and coaches should be very busy. Check out our Events Calendar after the summer for our full diary including morning training at DIA.

Meanwhile all swimmers who are in Dubai over the summer should be signing up for our Swim the Summer weeks and getting as much training as possible over the hot months ready for the new season.

swimmers next season.

Don't forget the Swim the Summer Programme starts Sun 4th July. Sign up online.

Registration for September Teaching Term will be Sun 12th Sept - Thurs 16th Sept 10.